



*Things to remember
when going to the
emergency department*

Find out more about respiratory function decline
in DMD at BreatheDuchenne.com

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Doctors should be careful when giving oxygen to patients with Duchenne muscular dystrophy (DMD)^{1,2}

- Supplemental oxygen can sometimes make their ability to breathe on their own even more difficult and should never be administered without simultaneously monitoring carbon dioxide

People with DMD should not be given succinylcholine (sux-innel-ko-leen)³

- Succinylcholine is a muscle relaxant sometimes used during surgery or other medical procedures
- Succinylcholine can cause complications such as dangerously high levels of potassium in the blood which can lead to cardiac arrest³

General anaesthesia should be administered intravenously (into the veins) instead of being inhaled because inhaled anaesthesia can lead to cardiac complications³

Remember to take: a list of **current medication**, recent **test results**, **respiratory equipment** used at home, **mobile phone** and charger

Main doctor's phone number _____

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1. Bushby K *et al.* Lancet Neurol, 2010;9:177-89.

2. Finder JD *et al.* Am J Respir Crit Care Med, 2004;170:456-65.

3. Birnkrant DJ *et al.* Chest, 2007;132:1977-86.